



When people need help, assistance, and support services to be safe, healthy and independent at home, there are two resources for you to use at Senior Solutions:



Home Care Specialists and Certified Care Managers from Senior Solutions make it possible for you to manage at home...at any age. That has been our mission for over 20 years.

Reach Out Today

**610.258.0700**

## CARE MANAGEMENT CONSULTING

Senior Solutions can provide Consult Services (in person, on the phone or via FaceTime) to:

- Advise on short and long term care needs for someone who is hospitalized or recovering from illness or injury.
- Develop and coordinate care plans to keep seniors living at home...safely, securely and independently.
- Identify and engage community resources and services needed to meet the unique needs of your loved one.
- Evaluate senior living alternatives that are the best fit for your loved one when living at home is no longer an option.

Consulting can be provided on a one-time basis or weekly/monthly depending on needs and circumstances.

Senior Solutions is a proud member of the following organizations:

- Aging Life Care Association - ALCA™
- National Association of Certified Care Managers
- The Pennsylvania Home Care Association
- Alzheimer's Association
- Lehigh Valley Aging in Place



SERVING LEHIGH VALLEY, PA

301 Village at Stones Crossing (William Penn Highway)

Easton, PA 18045 | 610.258.0700



# Senior SOLUTIONS

*Home Care & Care Management*



— THE KEY TO BEING —

## *Safe, Healthy & Independent*

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## CERTIFIED CARE MANAGERS

Care Managers are professionally trained to develop and implement plans for preventing and managing crisis situations that can occur in the home.

### Health Care Navigation

Researching, accessing, and explaining available resources for utilization and reimbursement of health benefits and insurance.

### Home Care Services

Determining the type and frequency of in-home services needed from Home Care Specialists to assist with activities of daily living.

### Housing

Evaluating and selecting alternative residential living options if staying at home is not possible.

### Entitlements

Providing information on Federal and state entitlements, and connecting families to local programs.

### Medical Management

Attending doctor appointments with your loved one to ensure accurate communication between you and your loved one's physicians.



### Safety And Security

Assessing and monitoring the safety and security of a person in their home; and researching and recommending equipment and technologies to add safety and security measures.

### Legal

Identifying and referring to attorneys for preparation of Durable Financial & Durable Medical Powers of Attorney.

### Financial

Identifying and referring to money managers who assume responsibility for bill paying or consulting with your loved one's Power of Attorney and Accountant.

### Home Maintenance

Engaging the services of professionals for home repairs, outside maintenance and snow removal.

### Social Activities

Planning recreational and cultural activities that enrich the quality of life.

## HOME CARE SPECIALISTS

Caregivers who are specially trained can provide daily help and assistance with all types of activities in the home.

- Personal Care (hygiene, bathing & dressing)
- Transportation to and from Appointments
- Companionship for Socialization
- Meal Preparation and Clean-Up
- Scheduling & Planning Activities/Events
- Medication Reminders
- Shopping & Doing Errands
- Laundry & Light Housekeeping

Home Care Specialists are ideal for people who need help managing in their homes; transitioning to home after a hospital stay due to illness, injury or surgery; and for people who have dementia and need specialized dementia care.

## Home Care from Senior Solutions

Having a **Home Care Specialist** help your family member or friend in *their* home can make all the difference.

Call today for a **FREE** in-home assessment.

**610.258.0700**

